

walking... WORTHY

Motivation for Walking Worthy Ephesians 1:3-14

Main Point: “Blessed be the God...who has blessed us...with every spiritual blessing” (v.3).

1. We learn that God being blessed and God blessing us are not at odds with each other. Why should this encourage us and motivate us to walk worthy?
2. We also learn God has blessed us with every spiritual blessing, but these blessings are in the heavenly places. In other words, these are blessings we might not see and even experience right now. Is this how we normally think and talk about blessings? Should we change the way we talk about blessings?
3. Do you tend to think of yourself as someone who is blessed or someone who needs to be blessed? Explain the difference between the two.

The Father Has Planned Our Blessings (vv.4-6)

4. According to vv. 4-5, what are some of the ways the Father has planned our blessings?
5. Paul says we have been chosen and predestined by the Father. Are these topics we think and talk about or do we tend to avoid them? Explain.
6. Why should these teachings in these verses encourage and motivate us to walk worthy? What should change if these verses do not encourage and motivate us?

The Son Has Accomplished Our Blessings (vv.7-10)

7. In v.7 we learn the central aspect of God’s plan that provides blessing for us. How would you explain or summarize v.7?
8. Some people have suggested v.10 is a passage that teaches all people will be saved in the end. How would you explain to someone that v. 10 doesn’t necessarily mean all people will be reconciled to God?
9. It was mentioned that Christ’s work on the cross provides forgiveness for our sins, but the ultimate goal of Christ’s work is providing restoration between us and God. Explain the distinction between these two and why understanding this ultimate goal should motivate us to walk worthy?

The Holy Spirit Has Accomplished Our Blessings (vv.11-14)

10. In v. 11, he mentions our inheritance which is ours because of our adoption as God’s children. What is included in our inheritance?
11. What does it mean that the Spirit sealed us and is the guarantee of our inheritance (vv.13&14)?
12. What are some aspects you look most forward to about experiencing all the benefits of our inheritance?

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